

## RACE INFORMATION

ITEMS	CONTENTS
<b>Event Name</b>	OSJ ONTAKE100
<b>Location</b>	Otaki-mura, Kiso-gun, Nagano
<b>Date and Time</b>	100 Miles: Starts on Saturday, July 19, 2025, at 8:00 PM 100K: Starts on Sunday, July 20, 2025, at 12:00 AM
<b>Distances</b>	100 Miles: Approximately 163 km 100K: Approximately 109 km 100 Miles iTRA / 100K iTRA (based on 2024 results)
<b>iTRA Points</b>	100 Miles  / 100K  (based on 2024 results) <i>Note: iTRA points will be finalized after the event.</i>
<b>Participant Capacity</b>	100 Miles: 200 participants 100K: 1,200 participants
<b>Qualification</b>	<b>【General Requirements】</b> - Individuals-aged 18 or older - Completing the entire course within the time limit without getting lost - Cooperation in regional development such as lodging at the venue and using shops (optional)

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<b>Entry Fees</b>	<p><b>[2024 OSJ ONTAKE50 Long Finishers Qualification]</b></p> <ul style="list-style-type: none"><li>- Must be among the top 100 finishers (Top 70 men, Top 30 women) of the 2024 OSJ ONTAKE50 Long race</li><li>- OSJ ONTAKE50 bib number is required at registration</li><li>- Fraud may result in disqualification from future events</li></ul> <p>100 Miles: ¥19,000 100K: ¥17,000</p> <p><i>Note: Includes accident insurance, parking, or shuttle bus service.</i> <i>Note: Fees are non-refundable after registration.</i></p>
<b>Event Memorabilia</b>	<p>From the 2025 event, participation souvenirs will not be provided. Event memorabilia will be available for purchase separately (details to be announced later).</p>
<b>Awards</b>	<p>Overall (Men &amp; Women): 1st–5th place Age group (Men &amp; Women): 1st–3rd place (excluding overall winners)</p>
<b>Cut Off Time</b>	<p>100 Miles: 24 hours 100K: 20 hours</p> <p><b>General (Saturday, July 19):</b> 1:00 PM–7:00 PM: Athlete registration at Matsubara Sports Park</p>

## ITEMS

## CONTENTS

### •Schedule

#### **[100 Miles]**

### •Individual Cut Off Time at 7/19 (Sat)

### Check points

19:00–19:30: Drop bags at Matsubara Sports Park

19:30–20:00: Athlete lineup, briefing, and start ceremony at Matsubara Sports Park

20:00: Race start at Matsubara Sports Park

#### **[Checkpoints for 100 Miles]**

7/20 (Sun) 4:30 AM: 1st checkpoint at Matsubara Sports Park (~54 km)

7/20 12:00 PM: 2nd checkpoint at Matsubara Sports Park (~108 km)

7/20 4:00 PM: 3rd checkpoint at Suikoen (~137 km)

7/20 8:00 PM: Finish at Matsubara Sports Park (~163 km)

#### **[100K]**

7/19 (Sat) 22:45–23:30: Drop bags at Matsubara Sports Park

23:30: Athlete lineup, briefing, and start ceremony at Matsubara Sports Park

7/20 (Sun) 12:00 AM: Race start at Matsubara Sports Park

#### **[Checkpoints for 100K]**

7/20 10:00 AM: 1st checkpoint at Matsubara Sports Park (~54 km)

7/20 3:00 PM: 2nd checkpoint at Suikoen (~83 km)

7/20 8:00 PM: Finish at Matsubara Sports Park (~109 km)

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<b>Deposit Bag regulations</b>	During the race, athletes may check in your spare shoes, clothing, and nutrition in the provided poly-shoulder bag (500mm x 400mm) at the main event location. <i>Note:</i> Valuable or fragile items are not accepted. The bag must fit entirely within the specified size and be securely sealed.
<b>Registration Period</b>	- General Entries: November 15, 2024, 9:00 PM – December 31, 2024 - Additional Entries: March 1, 2025 – June 16, 2025 <i>Note: Parking at the Ontake event site will not be available in 2025.</i>
<b>Organizer</b>	OSJ ONTAKE100 Organizing Committee
<b>Supporter</b>	Otaki Village / Otaki Tourism General Office / Kiso Ontake Tourism Bureau
<b>Event Management</b>	Power Sports